

Educational Awareness Activities by the Local Health Units of Agios Dimitrios

Public English version. Teachers' personal contact details have been replaced with XXXXXX. This is an unofficial translation; the approved Greek document prevails.

School year	2025-2026
Programme type	Health Education Programme
Programme code	3654
School unit	1st Laboratory Centre of Athens District D (Agios Dimitrios)
Director	DIMITRIOS KOTSIFAKOS
Coordinator	DELIGIANNIS GEORGIOS
Teaching branch	ΠΕ87.02
Teacher telephone	XXXXXX
Teacher email	XXXXXX
Participating teachers	TRILIVA KYRATZI AIKATERINI
Number of students	10

Main topic and thematic units

The programme strengthens cooperation between the school community and the Local Health Units of Agios Dimitrios. It covers health promotion, prevention, healthy habits, access to primary health care and reliable health information.

Educational objectives

Students gain scientifically grounded knowledge about prevention and public health, improve health literacy, recognise risk factors and become familiar with the role of local primary-care services.

Implementation methodology

Health professionals deliver presentations and experiential workshops. Students participate in discussions, case studies, practical activities and the production of awareness material.

Duration and start

Sixteen weeks, with one one-hour session each week, beginning with a school event in December.

Visits and partnerships

Cooperation and educational visits are planned with Local Health Units and other health services in the Municipality of Agios Dimitrios.

Links with the curriculum

The programme is directly linked to the Health, Welfare and Well-being curriculum and particularly to Health Education, prevention, hygiene, communication and community health.

Dissemination

Printed information material, a public presentation, website and social-media posts, school events and scientific or educational meetings will be used.

Evaluation

Anonymous questionnaires before and after activities, teacher observation logs, focus-group feedback and evaluation of student products will be used.

Timeline

Month 1: planning and coordination. Month 2: workshops and visits. Month 3: student products, dissemination and evaluation.

Teachers' telephone numbers and email addresses are redacted in this public version.